

What is Help Me Grow Florida?

Help Me Grow Florida promotes early identification of developmental, behavioral or educational concerns, then links children and families to community-based services and supports at no cost to parents and caregivers. Help Me Grow provides:

- ✓ Developmental and behavioral screenings
- ✓ Information, resources and materials
- ✓ Referrals with follow-up and care coordination
- ✓ Enrollment assistance in community programs
- ✓ Networking opportunities for families, service providers and community partners



Help Me Grow Florida is an affiliate of the
Help Me Grow National Network



www.helpmegrowfl.org



Sponsored by the Florida Developmental Disabilities Council, Inc. and The Florida Department of Education, Office of Early Learning.

Call 2-1-1
AND ASK FOR **Help Me Grow**

THE NUMBER EVERY PARENT NEEDS TO KNOW

The Help Me Grow System

Help Me Grow supports families, child health care, early care and education, and human service providers. The community can use Help Me Grow to identify early signs of developmental, behavioral or educational concerns and the available community resources to address their needs. The four core components are as follows:

1
Health Care
Provider
Outreach

2
Community
Outreach

3
Central
Telephone
Access

4
Data
Collection



Your Child's Development

Did you know that skills such as:

- standing up,
- scribbling,
- babbling, and
- pointing to body parts

are **developmental milestones**?

Children reach milestones in how they play, learn, speak, behave, and move (crawling, walking, etc.)

A developmental screening is a short questionnaire to assess if your child is achieving these developmental milestones when appropriate, or if there are any potential delays.

Help Me Grow can assist in monitoring healthy development for your child's physical, mental, social, and emotional well-being.



When You Call 2-1-1 Help Me Grow

When you call *Help Me Grow Florida* you will have the opportunity to share your questions and concerns with a trained, professional care coordinator, who will:

- Offer useful information, developmental screenings, and community resources to help you and your family.
- Connect you to resources and supports.
- Follow up with you to ensure your child is successfully linked to services.

If you have questions or concerns about your child's development, behavior, learning or health, call 2-1-1 today and ask for Help Me Grow.

Your call is free and confidential.

